

and olive oil

# Take Out & Delivery

#### **Small Plates**

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GARLIC KNOTS Homemade, garlic, parm and olive oil	6 for 5.95	MEATBALL SIDE Lorna's special recipe: huge and delicious, smothered in marinara	6.95
LORNA'S HOMEMADE SOUP OF THE DAY	6.95	sauce and parmesan cheese	
Bowl (bowl comes with garlic knots)		FRIED CALAMARI	11.95
MATEO'S EGGPLANT Grilled eggplant, roasted peppers and	8.95	Served with a spicy marinara dipping sauce	
gorgonzola cheese, roasted in the oven		BRUSCHETIA	8.95
DOLGTED GAVIGACE AND DEDDE	D.C. 0.05	Tossed Ciabatta served with chopped	
<b>ROASTED SAUSAGE AND PEPPE</b> Two mild Italian sausages with roasted re and green peppers.		tomato basil, onion and garlic, mozzarella, and drizzled with olive oil	
and green peppere.		FRIED CHEESE TORTELLONI With spicy marinara	8.95
	Sa	lads  Add chicken to any sa  Add salmon to any sa	
ITALIAN SALAD Lettuce, tomatoes, mozzarella, olives and house vinaigrette Chopped: Small 6.95 Large 9.95	Small 5.95 Large 7.95		Small 6.95 Large 9.95
	C 11 C OF	ANTIPASTO SALAD	11.95
MISTO SALAD Mixed greens, pine nuts, sun dried cranberries, feta cheese, and balsamic vinaigrette	Small 6.95 Large 9.95	Pepperoni, salami, capilcollo, tomatoes, olives, mortadella, pepperoncinis, garbanzos mushrooms, provolone, lettuce and house vinaigrette.	5,
<b>SPINACH SALAD</b> Spinach leaf, caramelized walnuts,	11.95	Chopped: Small 9.95 Large 13.95	
gorgonzola, and green apples with a		BUFALA MOZZARELLA	10.95
balsamic vinaigrette		AND ROMA TOMATO	
		A gourmet salad in extra virgin olive oil and fresh basil served on a bed of field greens.	
	Si	des	
BROCCOLI LIMONE	6.95	ITALIAN SAUSAGES 3.00 for 1,	6.00 for 2
Fresh broccoli, olive oil, garlic, fresh pepp	er		
and lemon. Served hot.	6.05	FRESH SAUTEED SPINACH In virgin olive oil, butter and garlic.	6.00
SAUTEED MUSHROOMS Freshly sauteed mushrooms in garlic	6.95	SIDE OF PASTA	C 05
and virgin olive oil.		Your choice of Marinara or Meat sauce.	6.95
SAUTEED ARTICHOKES Sauteed artichoke hearts in garlic	9.95		

Lorna's Italian Kitchen

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3945 Governor Drive, San Diego, CA 92122-2520 PHONE 858-452-0661 FAX 858-452-0302 Take out/Delivery Menu

15 20 1 200-75 Feldov 11:20cm to 0cm Sat and Sun. 4nm to 8:30cm. 01/22/2019 Hours: Tues. through Thurs., 11:30am to 8:30pm, Friday 11:30am to 9pm, Sat. and Sun., 4pm to 8:30pm.



Capellini pasta in our marinara with roasted eggplant, tomato and garlic and tossed with feta cheese.

## Pasta Specialties

PASTA WITH MEAT SAUCE Choice of pasta, served with our homemade meat sauce with mushrooms.	11.95	JOY'S TORTELLONI Made fresh here. Pasta stuffed with fresh herbs, ricotta and cream cheese. Enjoy	13.95
FUSILLI ROMA Mushrooms, spinach and pancetta	13.95	with your choice of sauces: Marinara, Meat Sauce, Garlic Cream, Tomato Cream Sauce	
in our fresh tomato sauce, served over fusilli pasta.		ROSEMARY CHICKEN PASTA Chicken in a Rosemary garlic cream sauce	15.95
FETTUCCINI ALFREDO Fettuccini in seasoned cream sauce with	13.95	tossed with sun-dried tomatoes and grilled onions and fettuccini pasta.	
Parmesan cheese and black pepper.		GORGONZOLA AND CHICKEN Chicken, zucchini and fresh tomatoes,	15.95
MEAT LASAGNA Layers of pasta, meatballs, Italian sausage,	13.95	tossed with linguini in a gorgonzola cream sauce.	
ricotta and mozzarella, baked in our mushroom meat sauce.		<b>GNOCCHI</b> The Italian potato dumpling. Enjoy with your	13.95
BROCCOLI PESTO Fusilli pasta baked with broccoli, creamy	13.95	choice of sauces. Garlic cream sauce, Al Pesto sauce or Gorgonzola Tomato sauce.	
pesto sauce and mozzarella. (Pesto sauce contains anchovies and walnuts)		<b>BAKED MOSTACCIOLI</b> Mostaccioli pasta, eggplant, ricotta cheese,	13.95
LINGUINI CARBONARA Pancetta, ham, peas and mushrooms in a parmesan crean sauce.	13.95	baked in our marinara sauce and topped with mozzarella.	
<b>TAGLIATELLE BOLOGNESE</b> Fettuccini in cream sauce with sausage, ground beef, plum tomatoes, fresh garlic and oregano (spicy).	15.95	EGGPLANT PARMIGIANA Lightly breaded and seasoned fresh eggplant. Baked in our homemade marinara sauce. Served with a side of pasta.	13.95
PASTA MARINARA Choice of pasta, served with our homemade marinara.	10.95	LINGUINI AGLIO E OLIO  Mushroom and black olives sauteed with garlic and olive oil. Tossed with linguini pasta.	13.95
LASAGNA FLORENTINE Ricotta cheese and spinach wrapped in a lasagna pasta and baked in marinara sauce.	13.95	STUFFED EGGPLANT Prepared parmigiana style and stuffed with ricotta cheese. Baked in our homemade marinara sauce. Served	14.95
CAPELLINI POMODORO  Angel hair pasta in a fresh zesty	12.95	with a side of pasta.	
tomato/basil sauce.	10.05	LINGUINI PRIMAVERA Fresh vegetables sauteed in olive oil, garlic	13.95
SUN DRIED TOMATO FETTUCCINI PASTA Fresh mushrooms, sundried tomatoes and broccoli in a garlic cream sauce,	13.95	shallots and herbs, then tossed with pasta.	
tossed with fettuccini.		Add a small Italian s	
SICILIAN PASTA Capellini pasta in our marinara with	13.95	Add breast of chicken to any p Add \$2.00 to make any item g	

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## **Seafood Specialties**

<b>SALMON FRA DI AVOLO</b> Lorna's spicy marinara with fresh salmon, spinach, mushrooms tossed with linguini pasta.	17.95	SALMON SAUTE Fresh salmon sauteed with zucchini, mushrooms, grilled red onions and fresh tomato in a lemon butter sauce, tossed with linguini.	17.95
LINGUINI PESCATORE Shrimp, calamari, clams, salmon and mussels sauteed in garlic and our spicy marinara tossed with lingufnl pasta.	19.95	LINGUINI WITH CLAMS Red or white clam sauce.	14.95
SHRIMP PRIMAVERA Shrimp sauteed with fresh vegetables in a garlic cream sauce tossed with fettuccini.	19.95	SHRIMP POMODORO Shrimp sauteed in garlic, served with a zesty sauce over capellini pasta.	19.95

Add a small Italian salad 3.95 Add 2.00 to make any item Gluten Free

#### Chicken and Veal

<b>CHICKEN MARSALA</b> Boneless chicken breast and fresh mushrooms in a marsala wine sauce.	16.95	CHICKEN PARMIGIANA Breaded boneless chicken breast sauteed and baked in marinara sauce and mozzarella.	16.95
<b>CHICKEN FLORENTINE</b> Boneless chicken breast in a tomato wine sauce with fresh spinach and provolone.	16.95	CHICKEN PICCATA  Boneless chicken breast sauted in a lemon butter sauce with shallots and capers.	16.95
<b>VEAL MARSALA</b> Veal scallopini sauteed with fresh mushrooms in a marsala wine sauce.	23.95	<b>VEAL PARMIGIANA</b> Breaded veal lightly sauteed and baked in a marinara sauce and mozzarella.	23.95
		<b>VEAL FLORENTINE</b> Veal scallopini served in a tomato wine sauce with spinach and provolone.	23.95
		<b>VEAL PICCATA</b> Veal scallopini sauteed in butter, lemon, white wine and capers.	23.95

Served with pasta marinara. Add a small Itallan salad 3.95



#### Pizza

Lorna's pizza is the traditional Neapolitan style, medium-thin-crust. We use California mozzarella cheese. Our pizza sauce is made daily from Italian pear tomatoes, olive oil, fresh garlic, fresh basil, fresh parsley and oregano.

	12"	16"	1	2"	16"
CHEESE PIZZA	11.95	15.95	SICILIAN PIZZA 13. Roasted peppers, salami and	95 21	1.95
PESTO SAUCE WITH ARTICHOKES PIZZA	13.95	21.95	smoked mozzarella.		
Sun-dried tomatoes, feta cheese and pine nuts.			EGGPLANT PIZZA 13. (No Cheese) Grilled eggplant, spinach, roasted peppers	95 21	1.95
FOUR CHEESE PIZZA Gorgonzola, feta, parmesan	13.95	21.95	and garlic.		
& marscapone cheeses and fresh basil.			U.C. SPECIAL 15.  Fresh tomato, cheese, pepperoni, sausage, meatball,	95 23	3.95
<b>U.C. VEGGIE SPECIAL</b> Fresh tomato, cheese, eggplant, onion, bell pepper, mushroom,	13.95	21.95	mushroom, onion and bell pepper.		
olive and broccoli.			CALIFORNIA PIZZA Pesto sauce with chicken,	95 23	3.95
GOLDEN TRIANGLE SPECIAL Fresh basil, garlic, broccoli,	13.95	21.95	sun-dried tomatoes, mushrooms and provolone cheese.		
artichoke hearts and ricotta cheese.			MEAT LOVERS 17.  Meatball, peperoni, sausage, Canadian bacon.	<b>95 2</b> 5	5.95

# EACH ITEM 1.50 ON A SMALL AND 2.00 ON A LARGE

Fresh basil Eggplant
Mushroom Onion
Pineapple Bell Pepper
Fresh Garlic Jalepenos
Fresh Tomato

Ranch Dressing 2.00

## EACH ITEM 2.00 ON A SMALL AND 3.00 ON A LARGE

Canadian Bacon
Anchovy
Artichoke
Capocollo (Spiced Ham)
Salami
Pepperoni
XX Cheese
Broccoli
Sun Dried Tomatoes
Olives
Pine Nuts
Olives
Ricotta Cheese
Meatball
Sausage

#### Calzone

Our calzone are rolled pizza dough filled with ricotta and mozzarella cheese. Folded and baked.

SMOKED MOZZARELLA,	15.95	MEATBALL, SUN DRIED TOMATO	14.95
CHICKEN AND BROCCOLI CALZONE		AND ONION CALZONE	
	14.95		
FRESH SPINACH, MUSHROOM AND		SUN DRIED TOMATO AND	14.95
GORGONZOLA CHEESE CALZONE		FRESH MUSHROOM CALZONE	
CUSTOM CALZONE	15.95		
Select your choice of three fillings		Add a small Italian sala	d for 3 95

Add a small Italian salad for 3.95. Side of sauce (no charge - just ask)



#### **BEVERAGES**

ICED TEA (free refills)	2.95
${\bf LEMONADE~(free~refills)}$	2.95
SODAS (per can)	2.00
<b>PELLEGRINO WATER</b> (500 ml) Italian Sparkling Water	3.95
APPLE JUICE (Martinelli) 10oz	2.00
HOT TEA	2.95
MILK	2.95
COFFEE (regular or decaf, free refills)	2.95
DESSERTS	
CANNOLI	4.95
CHOCOLATE CANNOLI CAKE	5.95
NEW YORK CHEESECAKE	5.95
BROWNIE WALNUT CAKE	5.95
TIRAMISU	7.95
SPUMONI	4.95

No personal checks accepted. \$10.00 corkage fee for wine brought into restaurant.

We apologize for the inconvenience, but to expedite service, we can only accept a maximum of two (2) credit/debit cards per table.

Thank you for your understanding.

HOMEMADE PISTACHIO

**SPUMONI** 

**PISTACHIO** 

**ICE CREAM** 

PINTS TO-GO

5.95

8.00

9.00