

CHICKEN & VEAL

CHICKEN MARSALA 20.95

Boneless chicken breast and fresh mushrooms in a marsala wine sauce.

CHICKEN FLORENTINE 20.95

Boneless chicken breast, tomato wine sauce with fresh spinach and provolone.

Served with pasta marinara
Add a small Italian salad 4.95

SEAFOOD SPECIALTIES

FRA DI AVOLO:

Lorna's spicy marinara, spinach, mushroom, tossed with linguine pasta

MUSSELS FRA DI AVOLO 19.95

CALAMARI FRA DI AVOLO 18.95

SHRIMP FRA DI AVOLO 21.95

LINGUINI WITH CLAMS 18.95

Red or white clam sauce.

LINGUINI PESCATORE 21.95

Lorna's spicy marinara, clams, mussels and calamari tossed with linguini pasta.

Add a small Italian salad 4.95

Add 2.00 to make item Gluten Free

BEVERAGES

SODAS (per can) 2.00

PELLEGRINO WATER 3.95

Italian sparkling water (500ml)

APPLE JUICE 2.00

Martinelli, 10oz

HOT TEA (To-Go only) 2.95

MILK (To-Go only) 2.95

CHICKEN PARMIGIANA 20.95

Breaded boneless chicken breast sauteed and baked in marinara sauce and mozzarella.

CHICKEN PICCATA 20.95

Boneless chicken breast sauteed in a lemon butter sauce with shallots and capers.

VEAL PARMASEAN 25.95

Breaded veal cutlets, baked in Lorna's marinara sauce and mozzarella cheese.

VEAL PIZZOLI 27.95

Breaded veal cutlets, freshly roasted peppers baked in Lorna's marinara and mozzarella cheese.

DESSERTS

PANNA COTTA 7.95

Housemade Italian vanilla custard topped with seasonal fruit glaze

CANNOLI 5.95

CANNOLI CAKE 6.95

CHEESECAKE 5.95

BROWNIE 6.95

WALNUT CAKE

TIRAMISU 8.95

PINTS TO-GO: Pint Cup

SPUMONI 8.95 5.95

A mix of maraschino cherry, pistachio and amaretto flavors.

PISTACHIO 10.95 6.95

Sweet, nutty, salty.

5/22/2023



DINNER MENU

SMALL PLATES

GARLIC KNOTS 6 for 6.95 MEATBALL SIDE 7.95

Served with side of marinara or ranch.

Lorna's special recipe: huge and delicious, smothered in marinara sauce and parmesan cheese.

LORNA'S HOMEMADE SOUP OF THE DAY 8.95

Ask about our hot, comforting soup. Bowl comes with Garlic Knots.

FRIED CALAMARI 15.95

With spicy marinara dipping sauce.

MATEO'S EGGPLANT 9.95 BRUSCHETTIA 9.95

Grilled eggplant, roasted peppers and gorgonzola cheese, roasted in the oven.

Tossed Ciabatta served with chopped tomato basil, onion and garlic, and drizzled with olive oil.

ROASTED SAUSAGE AND PEPPERS 10.95 FRIED CHEESE TORTELLONI 8.95

Two mild Italian sausages with roasted red and green peppers.

Served with marinara dipping sauce.

SALADS

ITALIAN SALAD Sm 6.95 Lrg 8.95 ANTIPASTO SALAD 14.95

Lettuce, tomatoes, mozzarella, olives and house vinaigrette.

Pepperoni, salami, capicollo, tomatoes, olives, mortadella, pepperoncinis, garbanzos, mushrooms, provolone, lettuce, broccoli and house vinaigrette.

Chopped: Small 7.95 Large 10.95

Chopped: Small 10.95 Large 15.95

CAESAR SALAD Sm 8.95 Lrg 11.95 MISTO SALAD Sm 8.95 Lrg 11.95

Romaine lettuce, fresh baked croutons, Lorna's creamy, spicy Caesar dressing.

Mixed greens, pine nuts, feta cheese, sun dried cranberries, balsamic vinaigrette.

BUFFALO MOZZARELLA AND ROMA TOMATO 13.95 SPINACH SALAD 13.95

Roma tomato, buffalo mozzarella, fresh basil, balsamic glaze

Fresh spinach, caramelized walnuts, green apples, gorgonzola cheese, balsamic dressing

Add chicken to any small salad 4.00

Add chicken to any large salad 6.00

SIDES

BROCCOLI LIMONE 7.95 ITALIAN SAUSAGES 4.00 for 1 8.00 for 2

Fresh broccoli olive oil, garlic, fresh pepper and lemon. Served hot.

FRESH SAUTEED SPINACH 6.00

In virgin olive oil, butter and garlic.

SAUTEED MUSHROOMS 7.95 SIDE: PASTA MARINARA 6.95

Freshly sauteed mushrooms in garlic and virgin olive oil.

SIDE: PASTA MEAT SAUCE 7.95

SAUTEED ARTICHOKEs 10.95 SIDE OF PASTA 8.95

Sauteed artichoke hearts.

Alfredo, tomato cream, pesto

PASTA SPECIALTIES

PASTA MARINARA	12.95	PASTA WITH MEAT SAUCE	15.95
Choice of pasta, served with our homemade marinara.			
BAKED MOSTACCIOLI	15.95	EGGPLANT PARMIGIANA	16.95
Mostaccioli pasta, eggplant, ricotta cheese, baked in our marinara sauce and topped with mozzarella.			
BROCCOLI PESTO	15.95	LIGUINI CARBONARA	16.95
Fusilli pasta baked with broccoli, creamy pesto sauce and mozzarella. <i>(Pesto sauce contains anchovies & walnuts)</i>			
FETTUCCHINI ALFREDO	15.95	MEAT LASAGNA	16.95
Fettuccini in seasoned cream sauce, Parmesan cheese and black pepper.			
FUSILLI ROMA	15.95	CHICKEN FRA DI AVOLO	18.95
Mushrooms, spinach & pancetta in fresh tomato sauce, served over fusilli pasta.			
GNOCCHI	15.95	FETTUCCHINI ALFREDO AND CHICKEN	18.95
The Italian potato dumpling. Enjoy with choice of sauces: Marinara, Meat Sauce, Garlic Cream, Tomato Cream Sauce.			
JOY'S TORTELLONI	15.95	GORGONZOLA & CHICKEN	18.95
Made fresh here. Pasta with fresh herbs, ricotta and cream cheese. Enjoy with choice of sauces: Marinara, Meat Sauce, Garlic Cream, Tomato Cream Sauce.			
LASAGNA FLORENTINE	15.95	ROSEMARY CHICKEN	18.95
Ricotta chese and spinach wrapped in lasagna pasta and baked in marinara sauce.			
LINGUINI PRIMAVERA	15.95	TAGLIATELLE "Tag Bol" BOLOGNESE	18.95
Fresh vegetables sauteed in olive oil, garlic shallots, herbs, tossed with pasta.			
PASTA WITH MEATBALL	15.95	CANNELONI	21.95
Pasta, meatball and marinara.			
Add small Italian salad: 4.95			
Add chicken breast to any pasta: 5.00			
Add shrimp to any pasta: 7.00			
Add to make any item gluten free: 2.00			

No personal checks accepted. \$10.00 corkage fee for wine brought into restaurant.
Lorna's Italian Kitchen 3945 Governor Drive, San Diego, CA 92122-2520 PHONE 858-452-0661 FAX 858-452-0302

5/22/2023

PIZZA

	12"	16"		12"	16"
CHEESE PIZZA	13.95	17.95		18.95	26.95
Oven cooked and melty.					
PESTO SAUCE WITH ARTICHOKE PIZZA	18.95	26.95		18.95	26.95
Sun-dried tomatoes, feta cheese and pine nuts.					
FOUR CHEESE PIZZA	18.95	26.95		20.95	28.95
Gorgonzola, feta, parmesan & marscapone cheeses and fresh basil.					
U.C. VEGGIE SPECIAL	18.95	26.95		20.95	28.95
Fresh tomato, cheese, eggplant, onion, bell pepper, mushroom, olive and broccoli.					
GOLDEN TRIANGLE SPECIAL	18.95	26.95		20.95	28.95
Fresh basil, garlic, broccoli, artichoke hearts and ricotta cheese.					
SICILIAN PIZZA				18.95	26.95
Roasted peppers, salami and smoked mozzarella.					
EGGPLANT PIZZA				18.95	26.95
Grilled eggplant, spinach, roasted peppers and garlic. (No cheese)					
U.C. SPECIAL				20.95	28.95
Fresh tomato, cheese, pepperoni, sausage, meatball, mushroom, onion and bell pepper.					
CALIFORNIA PIZZA				20.95	28.95
Pesto sauce with chicken, sun-dried tomatoes, mushrooms and provolone cheese.					
MEAT LOVERS				21.95	29.95
Meatall, pepperoni, sausage, Canadian bacon.					

PIZZA TOPPINGS (per item)

CHICKEN	6.00	8.00
PREMIUM TOPPINGS	4.00	6.00
Anchovy	Artichoke	
Meatball	Sausage	
PREMIUM TOPPINGS	2.50	3.50
Canadian bacon	Broccoli	
Salami	Ricotta Cheese	
Pepperoni	XX Cheese	
Sun dried tomatoes	Pine nuts	
Capocollo (Spiced Ham)	Olives	
PREMIUM TOPPINGS	1.50	2.50
Fresh basil	Eggplant	Bell Pepper
Mushroom	Onion	Pineapple
Garlic	Tomato	Jalepenos

CALZONE

SMOKED MOZZARELLA, CHICKEN AND BROCCOLI	17.95
FRESH SPINACH, MUSHROOM AND GORGONZOLA CHEESE	15.95
CUSTOM CALZONE	18.95
Select your choice of three fillings.	
MEATBALL, SUN DRIED TOMATO AND ONION	17.95
SUN DRIED TOMATO AND FRESH MUSHROOM	15.95

Add a small Italian salad: 4.95
Side of sauce (no charge - just ask)